

BROWN BREAD AND ROLLS

INGREDIENTS

Group 1

Ingredient	KG	%
FINO BREAD AND ROLL CONCENTRATE	0.500	25.00
Flour	2.000	100.00
Wholemeal	3.000	150.00
BAKELS INSTANT ACTIVE YEAST	0.080	4.00
Water (variable)	3.200	160.00
Optional: MASTERFAT	0.150	7.50
Total Weight:		8.930

METHOD

No time dough. Place all ingredients in machine bowl and develop thoroughly. Dough temperature 30-31°C. Allow dough to recover 5 minutes. Scale and mould as desired. Proof then bake at 230°C.



CATEGORY

Bread, Buns & Rolls