

CRISP FRENCH STICKS & ROLLS

INGREDIENTS

Group 1

Ingredient	KG	%
Flour	4.000	100.00
Salt	0.080	2.00
BAKELS CRUSTY BREAD CONCENTRATE	0.120	3.00
BAKELS INSTANT ACTIVE YEAST	0.040	1.00
Water (variable)	2.300	58.00
Total Weight:		6.540

METHOD

No Time Dough Place all ingredients in machine bowl and develop thoroughly Allow to recover 5 to 10 minutes Divide and mould as desired Proof in a fairly dry prover then bake with plenty of steam at 230°C Open oven vent for last 5-10 minutes baking to enhance the crisp



CATEGORY

Bread, Buns & Rolls, French
Sticks