



CRISP FRENCH STICKS & ROLLS

Ingredients

Group 1

Ingredient	Weight (%)	KG
Flour		4.000
		100
Salt		0.080
		2
BAKELS CRUSTY BREAD CONCENTRATE		0.120
		3
BAKELS INSTANT ACTIVE YEAST		0.040
		1
Water (variable)		2.300
		58

Total Weight: 6.540

Method

No Time Dough Place all ingredients in machine bowl and develop thoroughly Allow to recover 5 to 10 minutes Divide and mould as desired Proof in a fairly dry prover then bake with plenty of steam at 230¼C Open oven vent for last 5-10 minutes baking to enhance the crisp



Category

Bread & Rolls - Crusty, French Sticks & Crusty Rolls



Finished Product

16 French sticks scaled at 400 g or 9 dozen roll scaled at 60 g