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GINGERBREAD DOUGHNUT MEN

INGREDIENTS

Group 1

Ingredient
BAKELS CLASSIC BERLINER DOUGHNUT MIX
Bakels Instant Active Yeast
Water

Group 2

Ingredient
BAKELS INSTANT CONTINENTAL CUSTARD MIX
Water

Group 3

Ingredient Castor Sugar Cinnamon KG 2.000 0.034 0.920 Total Weight: 2.954

KG 0.250 0.625 Total Weight: 0.875

KG 0.400 0.020 Total Weight: 0.420



DISPLAY CONDITIONS

Ambient



CATEGORY

Doughnuts



OCCASION

Christmas



FINISHED PRODUCT

Doughnut

METHOD

Doughnut



- 1. Add all ingredients into a mixing bowl and develop thoroughly. Dough temperature 28-30°C.
- 2. Allow dough to recover for 5 minutes.
- 3. Roll out dough to 1cm thick.
- 4. Using a sharp gingerbread man cutter, cut out pieces depending on the required size.
- 5. Prove then deep-fry at 175-185°C until golden.

Filling

- 1. Place water and Bakels Instant Continental Filling in a mixing bowl.
- 2. Whisk on slow speed for 2 mins.
- 3. Scrape down sides, continue whisking on high speed for 5 mins.

Assembly / Decoration

- 1. Roll doughnut gingerbread men in the cinnamon sugar mix.
- 2. Inject Bakels Instant Continental Filling into each doughnut creating one or two buttons to finish.