

GLUTEN FREE FRIANDS

INGREDIENTS

Group 1

Ingredient	KG	%
Butter (Melted)	0.220	24.20
Water	0.190	20.90
GLUTEN FREE FRIAND MIX	0.500	54.90
Total Weight: 0.910		

METHOD

Soften or slightly melt butter (do not use hot). Add all ingredients to a mixing bowl with paddle attachment. Mix on slow speed for 1 minute or if mixing by hand 1 minute of vigorous stirring. Scrape down the sides of the bowl and paddle. Mix for 4 minutes on medium speed or if mixing by hand 2 minutes of vigorous stirring. Deposit into Friand tins at 70 g. Do not overfill. Note: Use only a minimum of release agent (very thin film). Bake at 150°C fan assisted or 170-180°C non fan assisted for approximately 30-35 minutes. Note: Temperature and times varies depending on individual oven. Allow to cool before removing from tins.



CATEGORY

Gluten Free