

HONEY CUPS

:== CATEGORY

Cakes & Muffins

INGREDIENTS

Group 1

Ingredient	KG	%
Egg	0.750	21.00
Water	0.600	17.00
BAKELS HONEY SPONGE MIX	1.700	47.00
	Total Weight: 3.050	

Group 2

Ingredient	KG	%
Bakers Flour	0.572	15.00
	0.530	

Total Weight: 0.572

METHOD

Place eggs and water in mixing bowl followed by BAKELS HONEY SPONGE MIX. Whisk on low speed for 1 minute. Scrape down. Whisk on top speed for 5 minutes followed by 1 minute on second speed. Gently fold in the bakers flour. Half fill your cup cake tins with Honey Cup batter. Bake at 190; C for approximately 15-20 minutes. When cool cut out a top with a sharp knive and fill with BAKELS LEMON CURD BAKELS INSTANT CONTINENTAL FILLING or WHIP 'n' ICE (whipped). Place your lid on top of the filling and dust with Cocoa powder or FIL-O-FINE DUSTING SUGAR.