

HOT CROSS BUNS – USING BAKELS BUN CONCENTRATE

INGREDIENTS

Group 2

Ingredient	KG	%
	0.010	0.25
Cinnamon	0.020	0.50
Mixed Fruit	0.950	24.00
Mixed Spice	0.050	1.25
Total Weight:		1.030

Group 1

Ingredient	KG	%
Flour	4.000	100.00
Water (variable)	2.300	58.00
BAKELS INSTANT ACTIVE YEAST	0.075	1.90
BAKELS BUN CONCENTRATE	0.600	15.00
Total Weight:		6.975

METHOD

No time dough. Place Group 1 in machine bowl and develop thoroughly. Add Group 2 and mix through (gently to avoid fruit damage). Dough temperature 30-31°C. Allow dough to recover 5 minutes. Scale and mould as desired. Pipe on crosses before baking at 200°C.



CATEGORY

Bread, Buns & Rolls, Sweet Buns