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Bread - Specialty Breads

KIBBLED RYE DEPOSITED BREAD

INGREDIENTS

Group 1		
Ingredient	KG	%
COUNTRY OVEN KIBBLED RYE MIX	2.000	100.00
Water (30°C)	1.800	90.00
	Total Weight: 3.800	
Group 2		
Ingredient	KG	%
Flour	2.000	100.00
BAKELS INSTANT ACTIVE YEAST	0.040	2.00
Water (variable)	1.000	50.00
	Total Weight: 3.040	

METHOD

Deposited Dough. Soak Group 1 for 3 hours. Add Group 2 and develop thoroughly. Dough temperature 30_iC. Dough slack consistency. Scale dough directly into tins approximately half full. Proof until tins three quarters full. Lid and bake at 220_iC for 45-50 minutes.