

# LOW FAT MUFFINS

## INGREDIENTS

### Group 1

Ingredient

KG

3.000

Water

1.560

**Total Weight:** 4.560

## METHOD

Place all ingredients in machine bowl and mix on slow speed for 1 minute. Scrape down. Mix for a further 4 minutes on second speed. Do not overmix. Deposit the desired batter weight into muffin cups. Bake at 180jC (356jF) for approximately 20 minutes.



## CATEGORY

Cakes & Muffins, Muffins