

MERINGUES

INGREDIENTS

Group 1

Ingredient	KG	%
ACTIWHITE	0.050	2.80
Water	0.500	28.60
Sugar	1.200	68.60
Total Weight:	1.750	

METHOD

Soak ACTIWHITE in cold Water for 10-12 minutes. Add 800g of the Sugar and whisk on high speed to full volume (approximately 12 minutes) Fold in the remaining Sugar. Adding two thirds of the sugar as above will give a light porous meringue. If a slightly heavier stronger and smoother meringue is required whip entire quantity of sugar with ACTIWHITE. Pipe out as desired. Dry at 120°C for at least 2 1/2 hours or switch off oven and leave overnight.



CATEGORY

Desserts & Patisserie, Meringue
& Marshmallow