

MULTI FIBRE APPLE MUFFINS

INGREDIENTS

Group 1

Ingredient	KG
	0.600
	0.600
Water	0.800
	2.000
Total Weight: 4.000	

Group 2

Ingredient	KG
	0.600
Total Weight: 0.600	

METHOD

Place Group 1 in machine bowl and mix on slow speed for 1 minute. Scrape down. Mix for a further 6 minutes on second speed. Add Group 2 on slow speed dispersing evenly. Fill greased patty tins 2/3 full. Bake for 12 minutes at 205°C (401°F).



CATEGORY

Cakes & Muffins, Muffins