

PAVLOVA CAKE – ALTERNATIVE RECIPE

INGREDIENTS

Group 1

Ingredient	KG	%
ACTIWHITE	0.125	7.70
Water	0.900	55.40
Total Weight:		1.025

Group 2

Ingredient	KG	%
Sugar	0.550	33.90
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Total Weight:		0.550

Group 3

Ingredient	KG	%
Cornflour	0.050	3.00
Total Weight:		0.050

METHOD

Soak Group 1 for 10 minutes and place into a 20L bowl. Whisk Group 1 to full volume for 8 minutes. Add Group 2 and whisk for a further 5 minutes. Gently fold in Group 3. Preheat oven at 120°C and retain this heat setting. Bake time approximately 35 minutes. Switch off oven. Leave in oven with door ajar for a further 25 minutes.



CATEGORY

Desserts & Patisserie,
Meringue & Marshmallow