



CATEGORY

Pies & Savoury

PUFF PASTRY

INGREDIENTS

Group 1

Ingredient	KG	%
Flour	4.000	100.00
Salt (optional)	0.050	1.25
BESCA PASTRY GEMS OR PASTRY NUGGETS - ALL VEG	2.400	60.00
Water (variable)	2.200	55.00
Total Weight:		8.650

METHOD

All in method. Dissolve Salt in Water. Place Water Flour then Pastry Nuggets All Veg in machine bowl. Mix with dough hook pastry blade or spiral mixer. Do not overmix. ALL VEG PASTRY NUGGET or BESCA GEM pieces should be clearly visible in dough. Allow dough to recover. Give three book turns with a rest between. Rest before using.