

RYE BREAD & ROLLS

INGREDIENTS

Group 1

Ingredient	KG	%
FINO BREAD AND ROLL CONCENTRATE	0.500	14.30
FINO RYE BASE	1.500	43.00
Flour	3.500	100.00
BAKELS INSTANT ACTIVE YEAST	0.065	1.90
Water (variable)	3.100	89.00
Optional: MASTERFAT	0.150	4.30

Total Weight: 8.815

METHOD

No time dough. Place all ingredients in machine bowl and develop thoroughly. Dough temperature 30-31°C. Allow dough to recover 5 minutes. Scale and mould as desired. Proof then bake at 230°C.



CATEGORY

Bread, Buns & Rolls