

SWEET BUNS- USING FLOUR

INGREDIENTS

Group 1

Ingredient	KG	%
Flour	5.000	100.00
Sugar	0.500	10.00
Salt	0.075	1.50
COMPOUND X	0.850	17.00
COUNTRY OVEN DOBRIM 90	0.015	0.30
BAKELS INSTANT ACTIVE YEAST	0.100	2.00
Water (variable)	3.200	64.00
Total Weight: 9.740		

METHOD

No time dough. Place all ingredients in machine bowl and develop thoroughly. Dough temperature 30-31°C. Allow dough to recover 5 minutes. Scale and mould as desired. Prove then bake at 210°C.



CATEGORY

Bread, Buns & Rolls, Sweet Buns