

SWEET BUNS – USING MONOFRESH SUPERSOFT

INGREDIENTS

Group 1

Ingredient	KG	%
Flour	5.000	100.00
Salt	0.080	1.60
LECITEM UNIVERSAL	0.065	1.30
Sugar	0.400	8.00
BAKELS INSTANT ACTIVE YEAST	0.080	1.60
Water (variable)	2.800	56.00
Masterfat V	0.200	4.00
MONOFRESH SUPERSOFT	0.025	0.50
Total Weight:		8.650

METHOD

No time dough. Place all ingredients in machine bowl and develop thoroughly. Dough temperature 30-31°C. Allow dough to recover 5-10 minutes. Scale and mould as desired. Proof then bake at 200°C.



CATEGORY

Bread, Buns & Rolls, Sweet Buns