



SWEET FRUIT BUNS

Ingredients

Group 1

Ingredient	KG	%
Flour	5.000	100
Salt	0.080	1.6
LECITEM UNIVERSAL	0.065	1.3
Sugar	0.400	8
BAKELS INSTANT ACTIVE YEAST	0.080	1.6
Water (variable)	2.800	56
MASTERFAT	0.200	4
Optional: MONOFRESH	0.050	1

Total Weight: 8.675

Group 2

Ingredient	KG	%
Sultanas	1.000	20
Currants	0.800	16

Total Weight: 1.800

Method

No time dough. Place all ingredients in machine bowl and develop thoroughly. Dough temperature 30-31°C. Allow dough to recover 5-10 minutes. Scale and mould as desired. Proof then bake at 200°C.



Category

Bread & Rolls - Sweet Buns, Fruit and Spiced Buns



Finished Product

11.5 dozen Buns scaled at 75 g.