

WHEATMEAL BREAD OR ROLLS

INGREDIENTS

Group 1

Ingredient	KG	%
HERCULES ROLL MIX	4.000	100.00
FINO MEAL BASE	0.800	20.00
Salt	0.020	0.50
BAKELS INSTANT ACTIVE YEAST	0.060	1.50
Water (variable)	2.950	73.50
Total Weight: 7.830		

METHOD

No time dough. Place all ingredients in machine bowl. Thoroughly develop on slow speed. Dough temperature 30-31°C. Allow dough to recover 5 minutes. Scale and mould as desired. Prove then bake at 230°C.



CATEGORY

Bread Rolls, Bread, Buns & Rolls